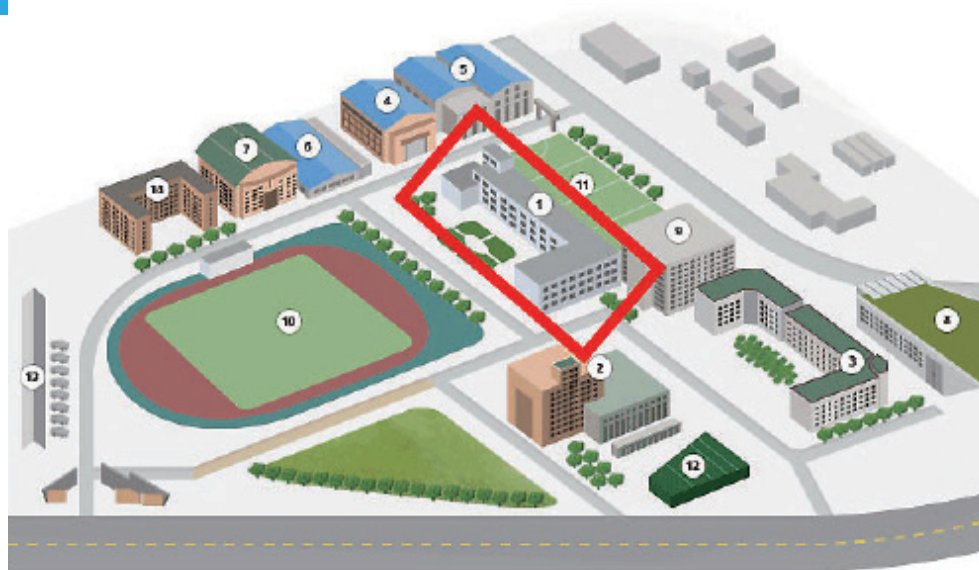


# The Map of the Congress Venue

(Korea National Sport University, Seoul, South Korea)

## Campus Map

- |                         |                                       |
|-------------------------|---------------------------------------|
| 1. Main Building        | 8. Indoor Ice Rink                    |
| 2. Student Hall         | 9. Victory Hall                       |
| 3. Dormitory            | 10. Grand Stadium                     |
| 4. Olympic Gymnasium    | 11. Field Hockey Stadium              |
| 5. Victory Gymnasium    | 12. Driving Range                     |
| 6. Indoor Swimming Pool | 13. Parking Lot                       |
| 7. Sport Science Hall   | 14. Dormitory<br>(Under Construction) |



Korea National Sport University  
The Institute of Sport Science

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2014 KNSU International Conference

## Sport Science for Enhancement of Athletic Performance

Date | November 5(Wed) - 8(Sat), 2014  
Venue | Korea National Sport University  
(Conference Room)

Host



Sponsor



대한체육회



한국체육학회



체육인재육성재단

# Welcome

We sincerely appreciate you all participating in 2014 Korea National Sport University International Conference. In this international conference, we are willing to have a chance to study current research trends on sport science and to share ideas for the future research with the theme "Sport Science for Enhancement of Athletic Performance". We hope your research endeavor will come to fruition through this international conference.

JoonYong Cho, Ph.D  
Director of Institute of Sport Science, KNSU



## Congress Schedule

- Day1** 5th (Wed) November, 2014  
06:30pm - 08:30pm

  - Welcome Reception
- Day2** 6th (Thur) November, 2014  
09:30am - 10:20am  
10:20am - 11:50am  
12:00pm - 02:00pm  
02:00pm - 05:00pm  
05:00pm - 05:30pm

  - Opening Ceremony
  - Keynote Speech 1
  - Keynote Speech 2
  - Lunch
  - Disciplinary Session
    - Handball
    - Athletics
    - Wrestling / Fencing
    - Winter Olympic Sports
  - Closing
- Day3** 7th (Fri) November, 2014  
09:00am - 12:00pm  
12:00pm - 01:00pm  
01:00pm - 07:00pm

  - Campus Tour
  - Lunch
  - Sightseeing in Seoul
- Day4** 8th (Sat) November, 2014

  - Leave a country

# Program of KNSU International Conference

Theme : Sport Science for Enhancement of Athletic Performance

November 6, 2014

09:30 ~ 12:00	Opening Ceremony	President: Chaehee Park, Wooksang Cho (Professor of KNSU)
	Opening Address	Joonyong Cho / Director of Institute of Sport Science, KNSU
	Welcome Address	Younghee Chung / Acting President of KNSU
09:30 ~ 10:15		Junghaeng Kim / President, Korea Sports Council
	Congratulatory Address	Changseop Lee / president, Korea Sports Promotion Foundation
		Kangyoung Song / President, Korea Foundation for the Next Generation
		Juhan Park / Executive Vice President, KAHPERD
10:15 ~ 10:20	Photo time	
10:20 ~ 11:00	Keynote Speech I . Gymnastics Research Informing Practice: Current Issues in Gymnastics Research "Injury, skill development, and fundamental movements"	Gareth Irwin / Cardiff Metropolitan University(UK)
11:00 ~ 11:10	Break	
11:10 ~ 11:50	Keynote Speech II . Enhancing Motivation in Sport for Peak Performance	John Wang / Nanyang Technological University(Singapore)
11:50 ~ 12:00	Break	
12:00 ~ 14:00	Lunch & KNSU Campus tour	
14:00 ~ 17:00	Session Handball	Conference Room I Moderator: Jaekeun Oh(KNSU)
14:00 ~ 14:40	1. Physical Training for Korean National Handball Team	Wooho Chun / Korean Olympic Committee(Korea)
14:40 ~ 15:20	2. Developing Complete Athletes for Handball	Mike Young / Athletic Lab Sport Performance Training Center(Canada)
15:20 ~ 15:40	Break	
15:40 ~ 16:20	3. Movement Variability - Science and Practical Application	Guido Van Ryssegem / Oregon State University(USA)
16:20 ~ 17:00	4. Korea National Handball Player's Movement Profiles and their Implication in Training	Junggi Hong / Kookmin University(Korea)
14:00 ~ 17:00	Session Athletics	Conference Room II Moderator: Sangkyun Park(KNSU)
14:00 ~ 14:30	1. Current Opportunities in Sports Science: From Developmental to Elite Levels	Michael Hahn / University of Oregon(USA)
14:30 ~ 14:50	2. Injury Mechanism & Exercise Rehabilitation	Cho JongHyun / SunsooChon Hospital (Korea)
14:50 ~ 15:10	Break	
15:10 ~ 15:40	3. Hair Cortisol as a Chronic Stress Marker for Endurance Athletes to Avoid Overtraining	Hideaki Soya / University of Tsukuba(Japan)
15:40 ~ 16:00	4. Psychological Support Services for Enhancing Performance of Korean Track and Field Athletes	Sungho Kwon / Seoul National University(Korea)
16:00 ~ 16:10	Break	
16:10 ~ 16:30	5. Introduction of Moving Average for Psychological Condition Monitoring	Youngkil Yun / KNSU(Korea)
16:30 ~ 17:00	6. Track & Field: A Jamaican Coach's Perspective	Okeile Stewart / Gyeongsan City(Jamaica)
14:00 ~ 16:20	Session Wrestling / Fencing	Classroom NO.402 Moderator: Yongho Kim(KNSU)
14:00 ~ 14:40	1. Ways to Improve Athletic Performances of Korean Freestyle Wrestling	Jinkuk Baek / KNSU(Korea)
14:40 ~ 15:20	2. Foods Screening for Endurance Performance and Rehabilitation in Athletes	Kiwon Lim / Konkuk University(Korea)
15:20 ~ 15:40	Break	
15:40 ~ 16:20	3. Fitness Characteristics and Training Method of Korea Elite National Fencers	Jinwook Chung / Korea Institute of Sport Science(Korea)
14:00 ~ 17:00	Session Winter Olympic Sports	Classroom NO.413 Moderator: Eungjun Kim(KNSU)
14:00 ~ 14:40	1. Exploring Media Representations of Winter Olympic Sports: A Content Analysis of Korean Newspaper Coverage	Hojin Chung / Nanyang Technological University(Singapore)
14:40 ~ 15:20	2. Practical Nutrition for Winter Sports	Seongsuk Cho / National Training Center(Korea)
15:20 ~ 15:40	Break	
15:40 ~ 16:20	3. The Importance and Influence of the Start Time on the Overall Outcome of a Bob-race	Georg Werth / International Bobsleigh & Skeleton Federation(Italy)
16:20 ~ 17:00	4. Schools Involvement Strategy in a Mega Sport Event: The Case of Torino 2006 Olympic Education Program	Maria Caire / University of Turin(Italy)
17:10 ~ 17:30	Closing Address	Younghee Chung (Acting President of KNSU)